

L'IMAGE SCHOOL OF AESTHETICS

COURSE OUTLINE: BEAUTY THERAPY

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Course Outline-Beauty Therapy



Business Management for Aesthetic Professionals

- A History of the Skin
- Clinical records
- Visual Impression
- Accurate booking of appointing
- Professional preparation, warm conversation and client relaxation (at the inception knowing how to make the client feel relaxed)
- Image Projection for the professional Aesthetician
- Personal and Human Relations
- Professional Ethics for the Aesthetician

Sterilization and Sanitation

- Sterilization methods
- Safety Precautions
- Sanitation Rules
- Bacteriology
- Prevention of Diseases

Treatment of Hands and Feet (Manicure & Pedicure)

- Structure and function of the nails
- Tools
- Purpose of the manicure
- Contra-indications to manicure
- Recognition of nail diseases and disorders
- The manicure treatment
- Small equipment and preparations required
- Organization of the manicure trolley
- Paraffin wax treatment
- Procedure for paraffin

Course Outline -Beauty Therapy



Treatment of Hands and Feet (Manicure & Pedicure)

- Manicure Procedure
- Hand and arm massage
- Pedicure Treatment:
- Purpose of a pedicure
- Contra-indications to pedicure
- Tools and Preparations Required for Pedicure
- Foot and leg massage
- Pedicure Procedures
- Recognition of nail diseases and disorders
- Foot massage
- Organization of the manicure & Pedicure trolley

Depilatory Treatment (Waxing)

- Trolley Preparation and Tools
- Hot waxing
- Warm Waxing
- Contra indication for waxing
- Waxing different parts of the body: Legs, under arm, upper lip, chin eyebrows, arms and bikini.

Skincare Management and Facials

- A History of skin care and the use of cosmetics
- The Skin
- Understanding the Skin and its Functions
- Physiology and Histology of the skin
- Disorders and Conditions of the Skin
- Definitions of Common Terms Applied to Disease
- Extraction procedures

Course Outline -Beauty Therapy



- Procedure for the Skin Analysis
- Analyzing the skin
- Recognition of skin types.
- The function of the skin
- Skin Inspection, Consultation and Skin Analysis
- Skin Diagnosis, Treatment and Products
- Massage Techniques
- Benefits of Massage
- Appendages of the skin
- Sterilization
- Mask therapy
- Basic Facial

Advance Treatment

- Peel: Glycolic, Enzyme
- Treatment Facials
- Diamond Dermabrasion
- Radio Frequency Facial
- Machine treatment: Steam, Galvanic, Woods Lamp, High frequency, Brushing
- Recommendations
- Electrical Treatment
- Indication for electrical treatment
- Contra -indication to electrical treatment
- Paraffin wax treatment
- Brazilian Waxing (optional)

Body Treatments

Body Wrap

- Types of Wraps
- Benefit of body wrap

Body Scrub

• Body Polish

Course Outline -Beauty Therapy



CLASS SCHEDULE

- Class dates and times to be determined
- Internship for 200 hours at one of our partner spas which will be arranged by school before final exams. Partners include:





REGISTRATION & ENROLMENT

A \$500 TTD enrolment fee and completion of our registration form is required for all students upon registration. All students are also required to wear white scrubs or white jacket while in training.

Course Outline-Beauty Therapy



TUITION FEES

Full Time Students

- 6 months of training- 4 months of theory and up two months to complete internship
- 2 full days per week
- 200 hour internship
- All materials and training manual provided
- \$28,000

Part Time Students

- 24 months of training- 18 months of theory and up to 6 months to complete internship
- 1.5 hours per week
- 200 hour internship
- Training manual provided
- \$1,200 per month for 18
- \$500 per term lab fee (6 terms)

PAYMENT PLAN

For full time students, we understand that this is a significant investment, so we offer payment plans to help you manage your finances. If you prefer to pay in instalments, your options are as follows:

50% upon registration with the balance due at the end of month three

25% upon registration and 25% each at the end on months 2 , 3 and 4 $\,$